Saint Paul's Catholic High School

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MONTHLY EVENTS AND ACTIVITIES - ISSUE 1 - MARCH 2023



Welcome to our school newsletter, The Buzz.

Our monthly newsletters will share with pupils, parents, carers and the local community what the school has been doing in the previous month and what is up and coming. In addition, it will give everyone reminders about forthcoming events and dates for the diary.

There are also opportunities for us to share fantastic work or achievements by



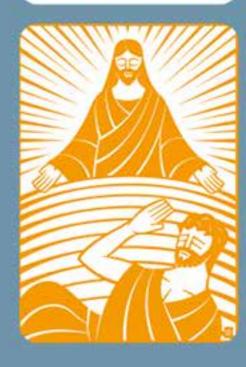






Lord, give us new strength so that we can build places of belonging: To create a community for all to share their gifts, To know that each of us is loved. Lord, help us to see the light of Christ in all that we serve. Let us remember that each of us is loved, each of us is worthy and each of us is necessary.

> Through Christ, Our Lord. Amen

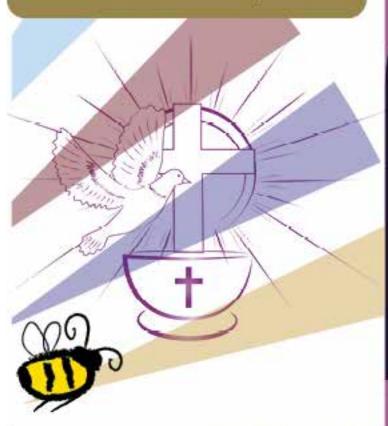


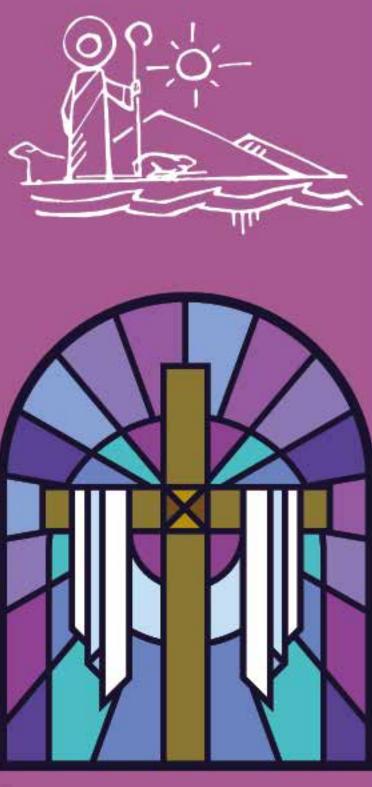
Catholic Life

This half term we are:
Fundraising for the Good
Shepherd Appeal, for CARITAS.
Our Lenten appeal is for Caritas
who are a social justice agency
who do some amazing work
here in Wythenshawe with our
families. We are asking for a
50p donation from any students
who want to wear something
green on Friday 17th March.

Looking forward to our whole school mass

Each week there are two Lenten experiences (a time for some quiet reflection) for both staff and students. These are on Tuesday and Friday mornings from 8:20am in the Chapel.





National Careers Week

National Careers Week and Careers Fair

As part of the school's celebration of National Careers Week, students had a chance to find out about the world of training, employment and further study at the school's Careers Fair.

The Careers Fair showcased numerous employers including Microsoft, NHS, Home Instead and The Army and course providers from across the North West, from local colleges and apprenticeship providers, to inform students about the next steps they can take into their chosen careers.

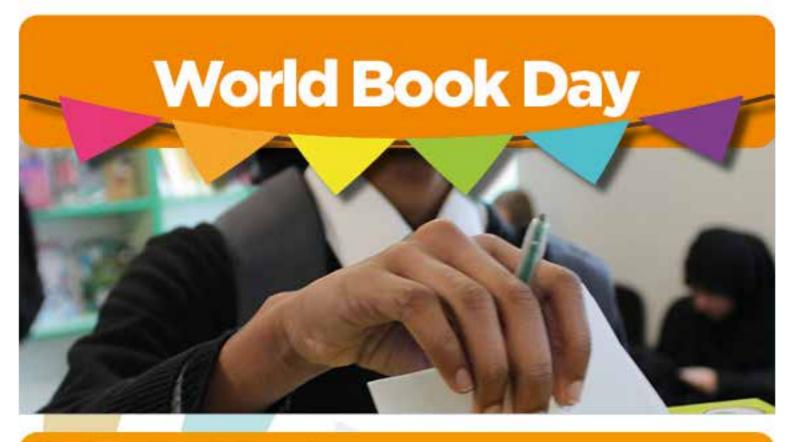
Students from all year groups enjoyed taking part in the event at the school which featured a number of stalls from a variety of employers and colleges. This provided the students with the opportunity to learn more about the various colleges and the courses offered there. The students also had the chance to talk individually to employers and professionals representing a wide range of occupations, allowing them to ask questions about potential career opportunities, and to listen to talks on the world of work.

Ms Hitchen, Careers Lead, from Saint Paul's said: "We were looking to broaden our students' horizons, as well as talking to potential

future employers, the students were also able to discover more about the sixth form courses which are available at the colleges and learn about would need to secure a place







World Book Day Celebrated

Students took part in the biggest celebration of books and reading in the world when they participated in a fantastic World Book Day.

With the aim of inspiring and developing their students' interest in reading, the school organised a series of reading related activities including a book quiz, puzzles, The World Book Day Big Book Quiz and a "Guess how many books there are in the Library" competition.



Medical and Sports Science Week



Year 9 Sports and Medical Science Week

The objective of this week was to explore some of the upcoming GCSE content allowing pupils to see the links between Science and advances in the field of medicine

Pupils used their investigative skills to evaluate substances used to control microbes as well as learning about anti-doping in sports. They were also given information relating to careers in scientific research and healthcare.



Saint Paul's Pupil Meets The King



The Day the King Visited

We were delighted that Saint Paul's pupil, Paddy Martin, got to meet King Charles and the Queen Consort when he recently visited Wythenshawe and called into Marcus Rashford's old youth club, Norbrook, in Northern Moor. The King sat next to our Year II pupil, Paddy, and chatted to him in a very relaxed and friendly way, about what he's been doing at

Norbrook Youth Club.

The King and Queen Consort spent about an hour at Norbrook, where they met with young people from the NatWest Thrive Programme, supported by the Manchester United player Marcus Rashford, to hear how the programme supports and guides young people in developing a positive mindset around money, as well as encouraging them to reach their full potential.

The Royal party were accompanied by the England manager and Prince's Trust ambassador, Gareth Southgate, and were able to hear from local young people, including Paddy, who've been supported by the Trust, as well as learning about the youth club's efforts to encourage a love of reading by making books more accessible. The guests also saw the formal unveiling of a library donated to the centre by the Marcus Rashford Book Club, in partnership with the National Literacy Trust.



Reward Trip to Blackpool





Reward Trip to Blackpool on Tuesday 27 June

At Saint Paul's we believe that reward trips inspire our pupils to achieve the best they can, therefore we are running a Reward Trip to Blackpool on Tuesday 27 June.

As a school we want to reward positive behaviour, good attendance and excellent punctuality and celebrate the success of our pupils. The trips motivate pupils to do well, it is a tangible reward for their success.

We believe that praising the pupils and recognising success has a very positive effect upon their behaviour and performance. We want all of our pupils to have a drive to achieve during their time at Saint Paul's.

In recognition of the hard work, commitment, good attendance and excellent punctuality this term, students will be invited to attend a rewards trip to Blackpool Pleasure Beach.

Mr Harrington commented: "We believe that treats like this trip encourage and inspire our pupils to achieve the best they can. It will be a great pleasure rewarding those pupils who have worked so hard throughout the term."

To qualify for the school trip you must have: GOOD ATTENDANCE, PUNCTUALITY & BEHAVIOUR THE QUALIFICATION PERIOD BEGAN ON MONDAY MARCH 6TH

Golden Ticket winners will be notified on Friday March 31st and will be able to book early and secure their places

FREE PLACES for the top-rated boy and girl in each year group

Places will be limited so it will be on a first come first served basis.



No More Knives Tour

No More Knives Tour Visits Saint Paul's

Students took part in some thought-provoking and extremely valuable sessions with inspirational The Message Trust's No More Knives tour.

Knife crime and the devastating impact it has on lives is never far from the headlines. Something must change, which is why Saint Paul's got involved with The Message Trust's No More Knives tour to show young people there is another way.

Combining music with powerful stories and teaching, The Message Trust delivered sessions that equip young people with the skills and knowledge they need to say no to knives and start to discover their full value and identity.

The primary objective of The Message Trust's No More Knives tour is to educate children and young people on the consequences of knife crime. Enabling them an informed choice and encouraging them to understand personal responsibility and embrace positive diversionary alternatives, including recreational and vocational activity.





Best Readers!

Promoting a Love of Reading

We are very keen to encourage reading and the joy of books at Saint Paul's Catholic High School in Wythenshawe, Greater Manchester. We have some extremely avid readers including Maisie, Jamie and Emma, who were recently rewarded by the **English Department** in recognition of their dedication to reading.

Year 7 Best Reader

Maisie with 2,094,999 words. She's read the Hunger Games trilogy, the Mortal Instruments series and the Slated trilogy.



Year 8 Best Reader

Jamle with 415,565 words who is a fan of the Harry Potter series.



Year 9 Best Reader

Emma with 1,054,270 words. She enjoys reading Teri Terry and Ally Carter books.





Love of Reading

Reading Rewarded

A group of dedicated readers were rewarded for their positive attitude to reading by being invited to a Pizza Party in the school library.

Saint Paul's wants to encourage their pupils to make reading a regular part of their routine whether they're reading solo or together with their classmates, parents, or friends. The school wants to help them to develop a life-long love of reading. It is very important to instil in young people a need and desire to read.

All the English teachers were impressed with the students' commitment to reading - the whole school word count increased dramatically the second half term. The students read about 6,000,000 words in September and October, whereas the word count for November and December was 35,000,000!



Dance Workshop



Inspirational Dance Workshop

We were delighted to welcome Holly Rush as part of The Lowry CAT scheme to school where the pupils were able to take part in a wonderful contemporary dance experience.

The Lowry CAT (Centre for Advanced Training) gives young people access to high quality dance training.

CATS help identify, and assist, young people with exceptional potential, regardless of their personal circumstances, to benefit from world-class specialist training as part of a broad and balanced education. The Lowry CAT taster dance workshops provide an insight into the world of contemporary dance.

Working with Holly, a professional dancer, the pupils explored a variety of contemporary dance.

Mrs Slater, Head of Performing Arts, explained: "This was a fantastic opportunity for our pupils to learn more about contemporary dance and to take part and experiment in a very supportive environment. Holly engaged well with the pupils who really enjoyed taking part in such a fun and energetic workshop."

"We were absolutely delighted that five of our students, who displayed excellent dance skills, were selected to be part of their programme for free! We are very pleased and proud of them."

Holly commented: "My mission is to create an inclusive space for the participants to feel comfortable but challenged in order to try new things and to leave the session with a new

found confidence."



Department Notices

History

Year 11 révision - Mondays 3:15pm to 4pm room 205 - Wednesdays 8am to 8:30am room 204 Year 11 History GCSE

All Year 11 History pupils are invited to attend three Webinar History GCSE revision classes on the following dates in school in room 205:

Germany, 1890 - 1945 AQA GCSE History, room 205 on Wednesday 22nd March 2023 4pm until 5:30pm.

Conflict & Tension, 1918-1939 AQA GCSE History, room 205 on Wednesday 29th March 2023 4pm until 5:30pm.

Power & the People AQA GCSE History, room 205 on Wednesday 26th April 2023 4pm until 5:30pm. These sessions have been purchased by the school and are delivered by AQA examiners who are able to provide detailed insights into the GCSE History exam.

Performing Arts

Performing Arts Clubs (see timetable below)

Peripatetic Music lessons available - singing, keyboard, drums and guitar.

RE

On Tuesday 28th March, the theology department from Loreto College is coming in to speak to our Year 10 RE students about A level RE.



PERFORMING ARTS CLUB TIMETABLE Spring Term 2023



	Break	KS3 Lunch	K\$4 Lunch	After School
Monday				Choir All Years 109
Tuesday	KS4 Drama Rehearsals Yr 10-11 Drama Studio			KS4 Rehearals Yr 10-11 Drama Studio & 109
Wednesday	KS4 Drama Rehearsals Yr 10-11 Drama Studio Music Rehearsals All Years 109	Dance Club Yr 7-9 Drama Studio		
Thursday	Music Rehearsals All Years 109			KS4 Rehearsals Yr 10-11 Drama Studio & 109
Friday	Music Rehearsals All Years 109	Drama Club Yr 7-9 Drama Studio		

PE Extra-Curricular Clubs

We are delighted to launch our newly updated PE extra-curricular timetable.

All of the new clubs are up and running already.

Please note:

Basketball is every lunchtime.

Girls' football is on Monday evening.

Trampolining is every lunch time - you must get a pass from the PE office at breaktime.

KS3 boys' football is on Tuesday evening

Girls' netball is on Monday and Tuesday (KS3) and Friday (KS4) evening.

P.E CLUBS 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Club 8-8.30sm	Football (All years) Mr Mawn	Football (All years) Mr Mawn	Football (All Years) Mr Halford	Football (All Years) Miss Spotswood	Football (All Years) Mr Wilson
KS3 Lunch Club 1-1.30pm	Trampolining Mr Mawn Basketball Sports Leaders	Teampolining Mr Mawn Basketball Sports Leaders	Table Termis Mr Mawn Trampolining Mrs Rudd Basketball Mr Halford	Trampolining Mr Mawn Basketball Sports Leaders	Trampolining Mr Mawn Basketball Sports Leaders
KS4 Lunch Club 1.90-2pm	Year 11 Football Game Mr Fowler	Year 10 Football Game Mr Fowler	Year 11 Football Game Mr Fowler	Year 10 Football League Mr Fowler	Sports on MUGA and Astro
After School Club 3.15-4.15pm	Volleyball (All Years) Mr Whiteside Girls Football Training (All Years) Mr Halford	Rugby (All Years) Mr Moren Table Tennis (All years) Mr Murray	No Clubs Staff Training	KS3 Netball Training (All Years) Miss Spotswood Table Tennis (All Years) Mrs Rudd	KS4 Netball Training (All Years) Miss Spotswood
	Netball Training (All Years) Mrs Rudd	Basketball (All Years) Mr Birkett		a secretina	Sale Harry parties
	Sports Studies Club (Room 215) Mr Wilson	Health and Social Care Club (Room 215) Mrs Rudd	75	-	
	Table Tennis (All Years) Miss Spotswood	Boys Football Training (Key Stage 3) Mr Wilson	الكالما		S CANADO COMPANY

WELLBEING LUNCH CLUB







MINOFULNESS

SUPPORT FOR WELLBEING

EVERY THURSDAY LUNCHTIME IN THE DRAMA STUDIO

Please notify your Form Tutors, Mrs Hitchen or Mrs Shields if you would like to attend.

Wellbeing Club

Every Thursday at lunchtime, a group of pupils meet with a group of volunteers and youth workers to enjoy a range of activities to promote wellbeing, resilience and team building skills. Many of the activities are pupil initiated with the pupils planning what they want to do and link it to wellbeing.

We talk and discuss anything the pupils want to, whether it be issues or problems at home or school, any worries we might have and how to deal with them, and most importantly-what makes us happy!

The aim of our Wellbeing Club is to improve wellbeing and mental health and to promote a positive, safe and supportive environment in school, where pupils feel valued and respected.

In our Wellbeing Club, we will be learning about different feelings and emotions, and how to deal with these in a safe way. We are allowed to feel differently in certain situations and contexts, the main thing is thinking and having positive solutions in place, so we can be in control of ourselves.

If you are feeling sad, what can you do to make yourself feel better?

If you are feeling anxious, what could a positive solution be?

Share your feelings with others around you, speak about your emotions and ask for help and support if you need to. We are always here to help you.

YEAR 7

ENVIRONMENTAL SCIENCE WEEK



YEAR 9

FOOD SCIENCE WEEK





Every Monday and Thursday In Room 215 3.05pm - 4pm All Years Welcome!

THIS, IS HOW W€ ROLL!

GCSE'S 2023

Exam Timetable May / June 2023

Exams	Monday 15th May	Tues 16 th	Weds 17 th	Thursday 18th	Friday 19 th
9.05am	Religious Studies Route B Paper 1 (90 mins)	Biology Paper 1 (105 mins) Combined Science Trilogy Biology Paper 1 (75 mins)	English Literature Paper 1 (105 mins)	History paper 1 Section B (120 mins)	Mathematics paper 1 (Non- Calculator) (90 mins)
1.25pm	Italian Listening (35/45 mins) Italian Reading (45/60 mins)		Economics Paper 1 (105 mins)		Computer Science (120 mins)
Exams	Monday 22 nd May	Tuesday 23 rd	Weds 24 th	Thursday 25 th	Friday 26 th
9.05am	Chemistry Paper 1 (105 mins) Combined Science: Trilogy – Chemistry Paper 1 (75 mins)	French Listening (35/45 mins) French reading (45/60 mins)	English Literature Paper 2 (135 mins)	Physics Paper 1 (105 mins) Combined Science: Trilogy - Physics Paper 1 (75 Mins)	Economics Paper 2 (105 mins)
1.25pm	Geography paper 1 (90 mins)	Religious Studies Route B Paper 2 (90 mins)	Italian Writing (60/75 mins)	Computer Science (105 mins)	
Exams	Monday 5 th June	Tuesday 6 th	Weds 7 th	Thursday 8 th	Friday 9 th
9.05am	English Language Paper 1 (105 mins)	Spanish Listening (35/45 mins) French reading (45/60 mins)	Mathematics Paper 2 (calculator) (90 Mins)		Geography Paper 2: The Human Environment (90 mins)
1.25pm	French Writing (60/75 Mins)	Religious Studies Route B Paper 3 (60 mins)	History Paper 2 (120 mins)	Contingency Afternoon	Biology Paper 2 (105 mins) Combined Science Trilogy Biology Paper 2 (75 mins)

GCSE'S 2023

Exam Timetable May / June 2023

Exams	Monday 12 th June	Tuesday 13 th	Weds 14 th	Thursday 15 th	Friday 16 th
9.05am	English Language Paper 2 (105 mins)	Chemistry Paper 2 (105 mins) Combined Science: Trilogy – Chemistry Paper 2 (75 mins)	Mathematics Paper 3 (calculator) (90 Mins)		Physics Paper 2 (105 mins) Combined Science: Trilogy – Physics Paper 2 (75 Mins)
1.25pm		Spanish Writing (65/80 Mins)	Polish/ Persian Listening (35/45 mins) and Polish/ Persian Reading (45/60 mins)	Contingency Afternoon	Geography Paper 3 (75 mins)
Exams	Monday 19 th June	Tuesday 20 th	Weds 21st	Thursday 22 nd	Friday 23 rd
9.05am	Design & Technology (120 mins)	Food Preparation and Nutrition Component 1 (105 Mins)	Polish/ Persian Writing (60/75 mins)		
1.25pm					
Exams			Weds 28 th		
9.05am					
5.05am			Contingency		
1.25pm					

The School Prayer

Dear Lord

Thank you for our

school community.

Bless us all and keep us safe.

Send your Spirit to guide us,

as we become the people

you want us to be.

Be with us on our journey

as we learn to love and

love to learn.

Through Christ, Our Lord.

Amen.



DATES FOR THE DIARY:



Year 10 Prefects' applications open



Author visit
Year 9 Options
interviews begin



Year 7 Parents' Evening (virtual) 4.30 - 7pm



Whole school Easter Mass



Year 10 Prefects' applications deadline



Finish for Easter Holiday



Return to school after Easter Holiday



Year 10 Geography Fieldwork



Year 10 Geography Fieldwork

Year 8 immunisations