Saint Paul's Catholic High School

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MONTHLY EVENTS AND ACTIVITIES - ISSUE 3 - MAY 2023



Welcome to our school newsletter, The Buzz.

Our monthly newsletters will share with pupils, parents, carers and the local community what the school has been doing in the previous month and what is up and coming. In addition, it will give everyone reminders about forthcoming events and dates for the diary.

There are also opportunities for us to share fantastic work or achievements by the pupils.







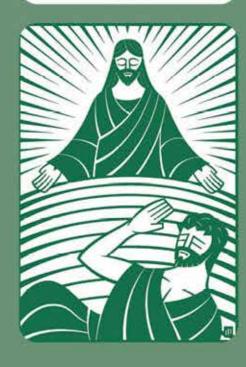


MAYPRAYER

Heavenly Father Open my eyes to ... Peaceful things in life. Songs of peace. Seeds of understanding. Goodness in all people. The spirit of each human being I encounter today. Open my eyes to ... Love around us. The face of God in those we meet. The Divine source of goodness in all peoples.

The Good that is available everywhere. The power of forgiveness. Guide me to help according to Your will.

Guide me to know the difference between what I want and what I need. Through Christ, our Lord. Amen

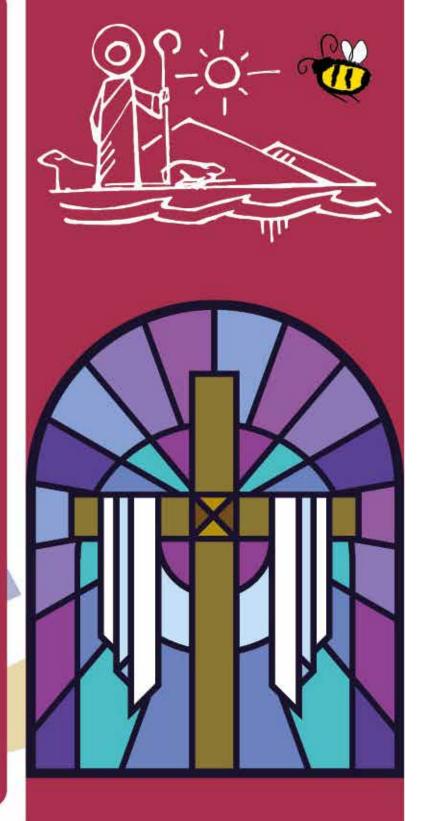


Catholic Life

Chaplaincy/Catholic Life

We welcomed our primary schools to St Paul's for the end of their prayer relay celebrations with a mass led by Fr Owen.

- Our Youth SVP council, following on from last term's discussion points on our values and community ties, have begun to sell ice lollies now that the weather is becoming brighter and warmer - collections will be divided into donations for Caritas, and towards creating a prayer garden within the school.
- In Liturgical Prayer this term we are looking towards our core values, stewardship and service. Throughout this term we will be focussing on how we can be better stewards to the Earth and how we as students can help to positively impact change.
- On Thursday 18th May we celebrated the Ascension of Jesus to His Father.
 We celebrated with liturgies within forms.
- We will celebrate our Year 11's leaving us to continue their journey at college and employment. We will join together in service and celebrate a liturgy together.
- On 29th June we celebrate Mass with Father Owen for our St Peter & Paul's Day celebrations.
- On 12th July we will welcome Father Eamon Mulcahy to our school for a CPD session with staff.
- Father Owen will be helping to prepare those who are joining himself and Mr Fannon on the Medjugorje pilgrimage in the 2023-2024 Autumn term.



Year 8 Climate Compassion Week

The Science department was excited to host Year 8 Climate Compassion Week.

The objective of this topic is to teach students the foundations of knowledge required to become informed global citizens, focusing largely on climate change and the Earth's diminishing resources. Throughout the project there will be opportunities for enhancing writing, comprehension and evaluative skills.

BBC Young Composer Workshops

BBC Young Composers Competition

If you enjoy creating your own music, and are bursting with creativity, originality, and potential then the BBC Young Composer competition could be the opportunity to springboard you into the world of music-making.

To enter the BBC Young Composers Competition please visit the BBC Young Composer website. The closing date is 5pm on Monday 3 July 2023.



Year 7 Space Exploration

Year 7 Space Exploration Week

The Science department was delighted to hold a Year 7 Space Exploration Week.

The objective of Space Exploration week is to stimulate awe and wonder in our students through learning about the recent Perseverance mission to Mars. The project not only embeds the Key Stage 3 Universe topic but also covers the practical component of the Earth's Structure topic, which has strong links to what they have already learned in Geography this year. Countdown 10, 9, 8, 7









Year 10 Geography Field Trip

Geography Field Trip Year 10

Geography field trips make a unique contribution to a student's education and offer many varied benefits; with this in mind, Year 10 students visited the Goyt Valley in the Peak District as part of their GSCE Geography course.

The fieldwork involved a day working with representatives from the Peak District National Park Authority studying the changing river environment for their GCSE fieldwork.

Miss Allsopp-Medley, Head of Geography, said: "This is an excellent opportunity for our students to get outdoors and practice their geographical skills in the real world. Field work is an essential component of geography education and the trip directly related to work which the students had been taught in the classroom. The practical skills that are gained on a trip such this are important in connecting the theory and vital in connecting classroom teaching with the real world. I was delighted that the group demonstrated an excellent application of their knowledge from the classroom to the real world."

"The students thoroughly enjoyed the field trip and had an extremely positive attitude to their research. Students were highly engaged in the day and enjoyed seeing their geography lessons come to life," added Miss Allsopp-Medley.

"The world outside the school is richly inspiring, constantly re-energising what takes place within the classroom. A field trip is a fantastic opportunity for students to gain a level of understanding about Geography that textbooks or lessons alone, however good, can never equal," commented Head Teacher. Mr Hren. "It's an opportunity for students to be creative, and to

have a personalised outcome which gives them a sense of ownership of the learning. It's a fantastic way to bring Geography to life."





Year 10 Art Trip





Visit to Yorkshire Sculpture Park

A group of students from Saint Paul's recently visited Yorkshire Sculpture Park with a focus on incorporating sculpture and landscape into their Art studies.

Both staff and students were inspired by the stunning contemporary and historical sculptural art on show at the Yorkshire Sculpture Park, the UK's leading openair gallery, near Wakefield. The students were able to develop their creative and critical thinking skills and enhance their sculptural vocabulary to make relevant connections between contemporary art, the world around them and their place within.

The students explored the sculpture grounds, looking at and analysing the diverse range of sculpture by masters and contemporary, such Henry Moore, Ai WeiWei, Damien Hirst and Barbara Hepworth.

It was a very successful trip with students enjoying and exploring the outdoors as well as the variety of exciting artwork that was on display. The visit allowed the students to develop a rich and broad range of important skills linked to the curriculum and will inspire and inform their GCSE work.

Miss Coyle, Head of Art, said: "It was fantastic to be able to walk through and around the sculptures at Yorkshire Sculpture Park. This was a wonderful visit which provided masses of inspiration. It was an absolute pleasure to accompany such passionate artists for the day and support them in their artistic development.

The purpose of the trip was for the students to use the rule of thirds incorporating sculpture and landscape for their mark making brief. The students are developing this work as part of their mock exam on their return. Developing independence and

research skills along with photography and

composition skills.

The visit allowed students to experience a wide range of artistic styles and ideas whilst appreciating the sheer scale of some of the pieces and the media used. It was incredible to be able to interact with the sculptures so closely and see all the individual marks and imprints made on the pieces.



Visit by Inspirational Author



Author, screenwriter and lecturer, Danielle Jawando, recently visited Saint Paul's to talk to students about her books.

Danielle's debut novel, And the Stars Were Burning Brightly, won best senior novel in the Great Reads Award and was shortlisted for the Waterstones Children's Book Prize, the Young Adult Book Prize, the Jhalak Children's & Young Adult Prize, the Branford Boase Award and was longlisted for the CILIP Carnegie Medal, the UKLA Book Awards and the Amazing Book Awards. Her other publications include When Our Worlds Collided, the non-fiction children's book Maya Angelou (Little Guides to Great Lives), the short stories Paradise 703 (long-listed for the Finishing Line Press Award) and The Deerstalker (selected as one of six finalists for the We Need Diverse Books short story competition).

The author has also had several short plays performed in Manchester and London and has worked on Coronation Street as a storyline writer.

Danielle gave a fantastic interactive talk about her path to becoming an author, where she gets her inspiration and the themes within her wonderful books.

"Danielle connected well with the pupils and was a very engaging speaker," said Mrs Savova, Librarian. "She spoke to them about her journey as a writer, her writing, themes, books and the inspiration for her ideas. It was a brilliant workshop where she was able to engage with the pupils, and help them to improve their creative writing skills."

"Danielle was able to inspire and encourage the students to read on a regular basis; they really enjoyed and appreciated their time with her," commented Mr Sharrock, English teacher and Literacy Coordinator. "Danielle's workshop was creative and engaging. She is an inspiring speaker and our students hugely benefitted from her visit to our school. They were enthused and inspired by what she shared with them about the life of an author, and asked some very interesting and thought-provoking questions. I am now looking forward to seeing how they transfer this learning into their creative writing!"

New Library Books



Promoting a love of reading

We are delighted to receive the latest delivery of new books for the school library and are very keen to continue with our programme of promoting a love of reading at Saint Paul's.

The new books are designed to encourage a joy of reading and a love of books. We have some extremely avid readers at Saint Paul's who have already read several million words.

"We recognise the importance of instilling a love of reading in every student. We like to remind students and staff of all ages to make reading a priority activity in their lives," explained Mrs Savova, Librarian. "We want people to make reading a regular part of their routine whether they're reading solo or together with their classmates, parents, or friends. We want to help students to develop a life-long love of reading. It is very important to instil in young people a need and desire to read."

"As a school, we try hard to promote a real passion and enthusiasm for reading in all its forms," explained Mr Sharrock, English teacher and Literacy Coordinator. "We know that students who read, gain a greater understanding of the world in which they live, they learn to appreciate how writers use language for effect and they extend their repertoire of vocabulary."

Historians of the Year Award

Historian of the Year Award

The History department is very proud to announce the winners of the St. Paul's young Historians of the year award.

These pupils have shown an excellent attitude in all their History lessons throughout the academic year.

They have displayed an excellent knowledge and understanding of the topics studied in Key Stage 3 History.

All have demonstrated the ability to analyse and interpret different sources of information in order to reach their own substantiated judgements.

Well done to these excellent young Historians.

Year 7 pupils:

Masie, Nina, Iga and Jessica

Year 8 pupils

Lev, Manna, India and Ashton

Year 9 pupils

Ava, Imogen, Amy and Georgia





National Youth Dance Workshop

Inspirational Dance Workshop

Pupils enjoyed a visit from professional dancers from the National Youth Dance Company (NYDC) who worked with a group of the school's aspiring dancers

The school was delighted to welcome the NYDC, as part of Nationwide Schools Programme, to school where the pupils were able to take part in a wonderful contemporary dance experience.

The NYDC aims to create and perform innovative and influential dance, bringing together some of the brightest dance talent from across England to work with Sadler's Wells' internationally renowned Associate Artists and visiting companies.

The dance company wants to work with young people from all areas of the country, from all dance backgrounds and experiences. The school workshops are designed to give participants an insight into life in the company through sharing company practices and repertoire from leading choreographers.

Mrs Slater explained: "An absolutely amazing visit allowing pupils to explore a variety of dance genres! It was a wonderful opportunity for our pupils to learn more about dance and to take part and experiment in a very supportive environment. The workshop leaders engaged well with the pupils who really enjoyed taking part in such a fun and very energetic workshop which provided a fantastic insight into the world of dance."



Mr Whiteside added: "This was a great experience for all the students, the session was incredibly energetic, upbeat and inspiring and challenged our pupils to try new things. Involvement in workshops like this provide a very valuable experience for our students, build confidence and enhance the learning curriculum."

Thank you to the National Youth Dance Company for a fabulous visit!

Reading Reward Pizza Party



Saint Paul's wants to encourage their pupils to make reading a regular part of their routine whether they're reading solo or together with their classmates, parents, or friends. The school wants to help them to develop a life-long love of reading. It is very important to instil in young people a need and desire to read.

The results this term were:

Mrs Evan's Year 7 (7U) winning class read 1,764,562 words

Mrs Evan's Year 8 (8T) winning class read 3,865,425 words

Miss Fannon's Year 9 (9U) winning class read 3,683, 874 words and Miss Lewis's running up Year 9 class (9T) read and 2,023,051 words

New Horizons winning class (9NH) read 102,815 words.

The winning classes had the highest word count and everybody in the class passed a reading quiz during the spring term.

Mrs Savova, the school Librarian, explained: "We wanted to promote reading and encourage all students to read - so, there were two conditions in the competition. Firstly, everybody in the class must have passed a quiz (they had to work as a team and support the weaker readers). And, secondly, the pupils had to strive to read as many words as they could (to stretch the good readers and improve the reading skills of the weaker ones). The classes in each year group, who had read most words won the pizza party award."

Mr Sharrock, English teacher and Literacy Lead, was impressed with the students' commitment to reading, he commented: "We are enjoying promoting reading across the school and seeing the benefits and pleasures of this. We believe that treats like this encourage and inspire our pupils to achieve the best they can. It is always a great pleasure rewarding those pupils who have worked so hard throughout the term."

Dungeons & Dragons Club

Inspirational Pupil Led Dungeons & Dragons Club

We are delighted with the Dungeons and Dragons Club which was set up at Saint Paul's by Year 8 pupil, Michael who wanted to share his passion for the game with his fellow pupils.

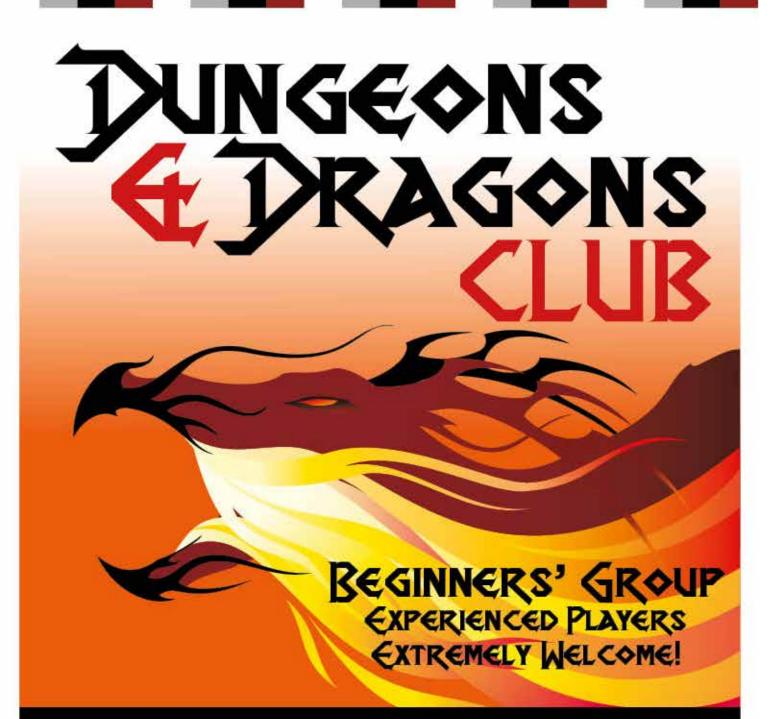
The Dungeons & Dragons Club is for students who are interested in playing one of the most popular and famous table top roleplaying games.

Michael commented: "We like the creative experience of collaboratively telling stories, building worlds, having in-depth moral and philosophical discussions, teaching new people to play, and of course, having fun together. Come join us for Dungeons & Dragons! All are welcome in this club, and there is always room for another character in the game!"

Members will go on adventures, fight monsters, discover treasure, and explore a mystical world. It's an amazingly fun time where unforgettable memories are made!!







Every Monday and Thursday In Room 215 3.05pm - 4pm All Years Welcome!

THIS, IS HOW W€ ROLL!

P.E. Department

Outdoor education area

YAY!!! Our outdoor education area is finally complete ready for lessons! We are excited to be able to make use of this lovely outdoor space.



Year 8 Hula Huts

Hula Huts for Year 8 during their Outdoor Education lessons. Great teamwork, communication, leadership and resilience shown by all.





P.E. Department



Year 11 Basketball Team

Despite a 53-33 loss to a very well drilled St Matt's team, there was great team spirit and resilience shown by our Year 11 basketball team.

There were noticeable performances from Kyle as well as highest scorer and Most Valuable Player, Mo A!! Well done!

AND

Well done to the Year 11 basketball team in their final high school game, winning 54-51 against St James. Most Valuable Player, Kyle T closely followed by KK. Good luck in your exams!!



BELONG BELIEVE ACHIEVE

Department Notices

MFL

GCSE speaking exams!

We would like to say how impressed we were by those pupils taking their MFL GCSE speaking exams during the last month, including those students who took exams in their own spoken languages alongside their chosen GCSE option. All have worked hard and put a great deal of effort. Well done, we are very proud of you!



Performing Arts

Weekly Instrumental or Vocal Lessons

We are delighted to be able to offer your child the opportunity to have a weekly instrumental or vocal lesson of their choice during school time. The lessons will be taught by professional visiting tutors.

Lessons are available with specialist visiting tutors in the following instruments:

Guitar (Electric, Acoustic & Bass Guitar) - with Mr Buxton

Drum Kit - with Mr Hargreaves

Keyboard - with Mr Mukiibi

Voice - with Miss Jane

The opportunity to learn a musical instrument is an invaluable experience. It is widely recognised by Universities, Colleges and future employers as a prestigious skill. Not only equipping your child with practical & academic skills but also nurturing their mental health and well-being.

For full details and to apply for these classes please see the school website.



PERFORMING ARTS CLUB TIMETABLE Summer Term 2023



	Break	KS3 Lunch	KS4 Lunch	After School
Monday				Choir All Years 109
Tuesday	KS4 Drama Rehearsals Yr 10-11 Drama Studio			KS4 Rehearsals Yr 10-11 Drama Studio & 109
Wednesday	KS4 Drama Rehearsals Yr 10-11 Drama Studio Music Rehearsals All Years 109	Dance Club Yr 7-9 Drama Studio		
Thursday	Music Rehearsals All Years 109			KS4 Rehearsals Yr 10-11 Drama Studio & 109
Friday	Music Rehearsals All Years 109	Drama Club Yr 7-9 Drama Studio		

Private Music Lessons

LEARN Keyboard - Drums Voice - Guitar

If you are interested in having private music lessons in school please see Miss Slater or Mr Ryan for a letter to take home.



BELONG BELIEVE ACHIEVE

Department Notices



PE Extra-Curricular Clubs

We are delighted to launch our newly updated PE extra-curricular timetable. Changes to note include: Rounders clubs on Monday, Tuesday and Thursday. Dodgeball in the sports hall at lunchtime. Girls' football has moved from Monday to Tuesday after school.

P.E. CLUBS 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Club 8-8.30am	Football (All years) Mr Mawn	Football (All years) Mr Mawn	Football (All Years) Mr Halford	Football (All Years) Miss Spotswood	Football (All Years) Mr Wilson
KS3 Lunch Club 1-1.30pm	Dodgeball Mr Mawn Basketball Sports Leaders	Dodgeball Mr Mawn Basketball Sports Leaders	Dodgeball Mrs Rudd Basketball Mr Halford	Dodgeball Mr Mawn Basketball Sports Leaders	Dodgeball Mr Mawn Basketball Sports Leaders
KS4 Lunch Club 1.30-2pm	Year 11 Football Game Mr Fowler	Year 10 Football Game Mr Fowler	Year 11 Football Game Mr Fowler	Year 10 Football League Mr Fowler	Sports on MUGA and Astro
After School Club 3.15-4.15pm	Staff Football (All staff welcome) Rounders (All Years) Mrs Rudd and Miss Spotswood Sports Studies Club (Room 215) Mr Wilson Volleyball	Girls Football Training (All Years) Mr Halford Table Tennis (All years) Mr Murray Health and Social Care Club (Room 215) Mrs Rudd Rounders	No Clubs Staff Training	KS3 Netball Training (All Years) Miss Spotswood Rounders (All Years) Mrs Rudd	KS4 Netball Training (All Years) Miss Spotswood
	(KS4 pupils) Mr Whiteside	(All Years) Mr Wilson Duke of Edinburgh (enrolled pupils) Mr Mawn and Miss Spotswood			

Due to the short notice nature of sporting fixtures and events – clubs maybe affected



We were extremely impressed by the poem "I Come From" by our talented Year 10 pupil, Victoria. The poem was written as part of our Multi-Cultural Day celebrations and follows the structure of a poem by Dean Atta.

I COME FROM

I come from what dyou think of Tottenham? and overpriced chips

I COME FROM SATUROAY NIGHT CINEMAS AND SUNDAY MORNING KIPS

I COME FROM CORRUPTED STREETS AND COUNCIL ESTATE FIGHTS

I COME FROM ROWDY AFTERNOONS AND HEADACHE WORTHY NIGHTS

I COME FROM BROKEN ENGLISH

I COME FROM HANDFULS OF PINCHED GREEK

I COME FROM SUNDAY ROASTS

THE ONES YOU WAIT FOR ALL WEEK

I come from somewhere between Ian Curtis Morrissey LG
I come from friends teachers coaches
NOT JUST MY FAMILY TREE
I come from cruel capitalists

I come from leptwing societies
I come from hypocritical government systems
I come from my peoples raging anxieties

EXPLOITATIONS
INDOCTRINATION
MANIPULATION
RESTRICTIONS
OVER FOOD BANKS

BUT I CAME FROM RASHFORD
I COME FROM A MAN WHO WAS ONCE US
A MAN IN A RED TEE
I COME FROM HIS PERMITTED FREEDOM
I COME FROM THE LIGHT PROVIDED IN THE
DARK SEASON

AND I COME FROM PANKHURST
I COME FROM A VOICEFILLED YET SILENCED SUFFRAGE
I COME FROM HAVING TO EARN WHAT WAS ALWAYS A MANS
BIRTH RIGHT

I COME FROM ANCESTORS LIVING DAYS WITH PLIGHT

I COME FROM MAKE US A BREW AND
GRAB US A RICH TEA

I COME FROM HOW MANY SUGARS?
ONE TWO OR THREE?

I COME FROM CORRIE EASTENDERS AND GREAT TV

I come from everything I read write and what I see

I come from two quid pocket money
I come from knackered olothes
I come from degree weather
I come from a runny nose

I come from eating dinner with my family
I come from Looking across the table to
Passing faces
I come from Loving every inch of this place
I come from the curious urge to pack my cases

I COME FROM REALISING WHEN IM HERE I CAN REALLY BE ME

I come from knowing that this is the best place that anyone could ever be

VICTORIA



Mental Health

Anxiety is a common feeling that sometimes gets out of control.



Mental Health Awareness Week

Staff and pupils at Saint Paul's supported Mental Health Awareness Week - the theme this year is anxiety, a common feeling that can sometimes get out of control.

Mental Health Awareness Week, now in its 23rd year, is hosted by the charity, Mental Health Foundation.

To access supportive and helpful resources please see the Safeguarding/Wellbeing section of the school website.

mentalhealth.org.uk."



#ToHelpMyAnxiety

mentalhealth.org.uk/mhaw

Alexa Charnley, Director of Fundraising and Communications at the Mental Health Foundation, said: "We all experience anxiety but sometimes it can get out of control and become a mental health problem. However, there are things we can do to manage feelings of anxiety and stop them becoming overwhelming.

For example, breathing exercises, physical activity, speaking to a trusted friend, or keeping a diary. You can find more information and guidance on our website

GCSE'S 2023

Exam Timetable May / June 2023

Exams	Monday 15th May	Tues 16 th	Weds 17 th	Thursday 18 th	Friday 19 th
9.05am	Religious Studies Route B Paper 1 (90 mins)	Biology Paper 1 (105 mins) Combined Science Trilogy Biology Paper 1 (75 mins)	English Literature Paper 1 (105 mins)	History paper 1 Section B (120 mins)	Mathematics paper 1 (Non- Calculator) (90 mins)
1.25pm	Italian Listening (35/45 mins) Italian Reading (45/60 mins)		Economics Paper 1 (105 mins)		Computer Science (120 mins)
Exams	Monday 22 nd May	Tuesday 23 rd	Weds 24 th	Thursday 25 th	Friday 26 th
9.05am	Chemistry Paper 1 (105 mins) Combined Science: Trilogy – Chemistry Paper 1 (75 mins)	French Listening (35/45 mins) French reading (45/60 mins)	English Literature Paper 2 (135 mins)	Physics Paper 1 (105 mins) Combined Science: Trilogy - Physics Paper 1 (75 Mins)	Economics Paper 2 (105 mins)
1.25pm	Geography paper 1 (90 mins)	Religious Studies Route B Paper 2 (90 mins)	Italian Writing (60/75 mins)	Computer Science (105 mins)	
Exams	Monday 5 th June	Tuesday 6 th	Weds 7 th	Thursday 8th	Friday 9th
9.05am	English Language Paper 1 (105 mins)	Spanish Listening (35/45 mins) French reading (45/60 mins)	Mathematics Paper 2 (calculator) (90 Mins)		Geography Paper 2: The Human Environment (90 mins)
1.25pm	French Writing (60/75 Mins)	Religious Studies Route B Paper 3 (60 mins)	History Paper 2 (120 mins)	Contingency Afternoon	Biology Paper 2 (105 mins) Combined Science Trilogy Biology Paper 2 (75 mins)

BELONG BELIEVE ACHIEVE

GCSE'S 2023

Exam Timetable May / June 2023

Exams	Monday 12 th June	Tuesday 13 th	Weds 14 th	Thursday 15 th	Friday 16 th
9.05am	English Language Paper 2 (105 mins)	Chemistry Paper 2 (105 mins) Combined Science: Trilogy – Chemistry Paper 2 (75 mins)	Mathematics Paper 3 (calculator) (90 Mins)		Physics Paper 2 (105 mins) Combined Science: Trilogy – Physics Paper 2 (75 Mins)
1.25pm		Spanish Writing (65/80 Mins)	Polish/ Persian Listening (35/45 mins) and Polish/ Persian Reading (45/60 mins)	Contingency Afternoon	Geography Paper 3 (75 mins)
Exams	Monday 19 th June	Tuesday 20 th	Weds 21st	Thursday 22 nd	Friday 23 rd
9.05am	Design & Technology (120 mins)	Food Preparation and Nutrition Component 1 (105 Mins)	Polish/ Persian Writing (68/75 mins)		
1.25pm					-
Exams			Weds 28 th		
9.05am			Contingency day		
1.25pm	1				

BELONG BELIEVE ACHIEVE

The School Prayer

Dear Lord

Thank you for our

school community.

Bless us all and keep us safe.

Send your Spirit to guide us,

as we become the people

you want us to be.

Be with us on our journey

as we learn to love and

love to learn.

Through Christ, Our Lord.

Amen.



DATES FOR THE DIARY:



School closes for Half Term Holiday



School opens after Half Term Holiday



June Exam weeks for Years 7, 8 and 9



June Exam weeks for Years 7, 8 and 9 June National School Sports Week



June Trafford College event for Year 10s



June Work Experience Week for Year 10s



June Reward trip to Blackpool



June St Peter and Paul Feast Day